RHEEMARKS: November 28th

Dear Rheem Team Families,

Welcome back!! I hope you had an enjoyable Thanksgiving Break and were able to spend time with family and friends for the holiday...and catch up on some rest if possible.

This Week at Rheem:

Monday, November 29:

- · School back in session regularly scheduled Monday
- · "Rheem Cares Holiday Gift Drive" Begins

Tuesday, November 30:

- · Lunchtime Dance Club hosted by Ms. Seli (during recess)
- \cdot Last chance to donate lightly worn shoes to "Giving Tuesday" box outside the Rheem Office

Wednesday, December 1:

- · Wednesday Schedule (All K-5th grade students 8:25 1:50)
- · Lunchtime Garden Club hosted by Ms. Inzeo (during recess)

Thursday, December 2:

· School Site Council meeting 3:20-4:30

Friday, December 3:

· Regularly scheduled Friday

Rheem Cares Holiday Gift Drive Begins

Rheem has a long-standing tradition of focusing on the life-skills of **Caring and Friendship during the weeks between Thanksgiving and Winter holidays by helping** those in need. This effort is called "Rheem Cares." In previous years, Rheem has supported organizations such as: the Berkeley Women's Drop-In Shelter, Heifer International and the Make a Wish Foundation to name just a few. Be on the lookout for information coming home in backpacks or teacher e-newsletters in the coming week(s) so that your family can get involved and experience the joy of helping out.

School Site Council Meeting this Thursday

Our school site council will be meeting for the third time this Thursday to discuss our "School Climate" goal. Our previous meetings have focused on math and ELA goals, and during this meeting, we will map out ways to make Rheem an even more safe and welcoming space for all stakeholders.

What's a dangerous toy for kids? The internet

I watched a video today regarding the pitfalls the internet can pose for many unsuspecting children and their families. It sheds light on how challenging (and dangerous) the internet can be for our children as they surf the web using social media platforms like YouTube, Instagram, and TikTok. It's pretty scary to see all they have access to, and the video discusses not just the problems but how to try and stem damaging exposure with new policies and laws. My big takeaway isn't eliminating access to the internet for our children (although I can't blame anyone who may look to), but being more engaged and mindful of what they are watching and absorbing. From the ads to the content they are exposed to, it's more important than ever to keep an eye on what they may be checking out on their devices.

The video has some graphic images, so I don't recommend you watch it with your children close by, but I do recommend you take a few minutes (it's about 10 minutes long) to give it a watch. <u>HERE</u> is the video.

The Last Word...

As we enter the holiday season, gratitude comes into focus more than any other time in the year. With the daily hustle and bustle that most families experience, there are also opportunities for us to get together with family and friends. It's only natural to reflect on things we are most thankful for. I find myself ever so grateful for where I work and who I work with. From staff to students and their families, Rheem is a very special place to my family and me.

When I think of the people who make Rheem so special, I give great thanks for all that <u>MEF</u> provides to our students and staff. MEF fully funds our librarians, art program, music program, technology instructor, teaching assistants, reading intervention specialists, student support specialist and school counselor. The impact of the Moraga Education Foundation can be felt every day by every student and staff member.

So as we transition into the season of giving, please join me in supporting all of our students by <u>donating to MEF</u>, and thank you for all you do to enrich your children's lives.

There's no place like Rheem!

Mr. Sullivan