

## **RHEEMARKS: August 22nd**

August 22, 2021

Dear Rheem Team Families,

I hope you were able to enjoy some time with your family this weekend. It's another busy week at Rheem, including picture day on Tuesday and Friday, a "new" student lunch in the garden for 1st-5th graders.

Here's to a great week!

### **This Week at Rheem:**

#### Monday, August 23:

- Regularly scheduled Monday
  - K – 3rd: 8:25-1:55
  - 4th – 5th: 8:25 – 3:05

#### Tuesday, August 24:

- Picture Day (all K-5 students will have their individual pictures taken)

#### Wednesday, August 25:

- Wednesday Schedule
  - 8:25 – 1:50 (All K-5th grade students)

#### Thursday, August 26:

- Regularly scheduled Thursday

#### Friday, August 27:

- New student lunch with Ms. Inzeo and Mrs. Herbert

### **Welcome Back Spirit Assembly**

A couple of fun-filled “**Welcome Back Spirit Assemblies**” was held outside last Wednesday (one for K-2 students and the other for 3rd-5th). Students and staff were all smiles and in excellent moods as we celebrated our return to school and got a chance to

cheer for our teachers and each other. Some highlights of the assembly included twelve 5th grade students performing mini skits to show what it means to be respectful and sharing four significant components of showing respect:

- Show kindness to others.
- Be honest with others.
- Encourage others.
- Listen to others.

*A big shout out to Jace, Patrick, Ethan, Kyden, Charlotte, Lia, Isabelle, Hope, Megan, Ify, Keira, and Ary for their spectacular skits.*

As a traditional highlight, two student's names were chosen from each class to spin the wheel for a prize. And we found "homes" for the Roadrunner mascots who are now happily residing in the kindergartenclassrooms (as a way of welcoming in our newest Roadrunners). A good time was had by all.

Spirit Assemblies will be held periodically throughout the year as a way of safely coming together to introduce and review school-wide programs, celebrate our accomplishments, and have some fun together as a community of learners.

## **Picture Day is This Tuesday, August 24**

Be sure to pack your student's smiles in their backpack for this Tuesday's picture day. iClick will again be taking pictures this year and, if not already, send you information regarding their online ordering process.

*Students will have their individual pictures taken this year, but iClick will not be taking whole class photos at this time.*

## **Did You Know?**

### ***Attendance at Rheem:***

After having such a disjointed year of attendance last year from entirely at home, to partly in person, and then eventually entirely in person, we hope to have record attendance this

year. Did you know the number one predictor of academic and social growth is attendance? It seems simple but true; you're not able to learn if you're not present.

What does that mean for us here at Rheem? First off, we know that now more than ever, there are days when a student will not be able to attend school (i.e., they are sick or have a family emergency). The things we can control are when we take an extended vacation during school, or students travel to a sports tournament. I urge all families to do their very best in avoiding these instances and do all they can to help your child be present every day.

What are some things we can do to help improve our child's attendance and on-time arrival?

- Set a regular bedtime and morning routine.
- Layout clothes and pack backpacks the night before.
- If your child seems anxious about going to school, talk to teachers, the principal, or other parents for advice on making them feel comfortable and excited about learning.
- Develop backup plans for getting to school if something comes up. Call on a family member, a neighbor, or another parent.
- Avoid scheduled medical appointments and extended trips when school is in session.

## **Computer Classes Start This Week!**

Site Technology Coordinator Mrs. Ross will be pushing into classrooms this week, providing her weekly lessons. For the first several weeks, Mrs. Ross will provide digital citizenship lessons to all Rheem students and helping them get comfortable with the technology and the expectations of being a digital citizen.

## **Camp Read S'More!**

*Who's been reading all summer long?*

Don't forget to enter your student's summer reading amounts (books read between 5/28 - 8/20) via our Google form to receive an acknowledgment at our September Spirit Assembly, a bookmark, and a special prize for our most avid readers!

Please submit your student's number of pages (or books) on this Google form by the end of the day on Wednesday, 8/25. If you have questions, please reach out to [constantinecori@gmail.com](mailto:constantinecori@gmail.com). And keep reading all year long!

[https://docs.google.com/forms/d/e/1FAIpQLSdLXYWKBVGI\\_mtoSWtrtC6ZpD\\_S-3muhqhh\\_oZHLhyhtGMY0XQ/viewform?gxids=7628](https://docs.google.com/forms/d/e/1FAIpQLSdLXYWKBVGI_mtoSWtrtC6ZpD_S-3muhqhh_oZHLhyhtGMY0XQ/viewform?gxids=7628)

## **New Student Lunch this Friday**

This Friday, school counselor Ms. Inzeo will be hosting a getting to know you lunch for all 1st-5th grade students new to Rheem. They will get a chance to hang out and eat lunch in the Rheem garden while playing some cool games. Ms. Inzeo will be hosting:

- 1st-3rd grade students from 12:20-12:40
- 4th-5th grade students from 12:40-1:00

## **Job Opportunity at Rheem**

We are currently searching for two classroom teaching assistants here at Rheem to help with the general supervision and support of students. Applicants will have the opportunity to work under the direct supervision of a classroom teacher and be expected to assist with the implementation of instructional plans while also supporting students' social and emotional development.

For more information, please reach out to me or Mrs. Fitzinger.

[lfitzinger@moraga.k12.ca.us](mailto:lfitzinger@moraga.k12.ca.us)

## **The Last Word...**

I have to admit; there are times when I hear my children melting down that I will say, "what in heaven's name are you upset about? You've got it made in the shade." And yet, in fairness to them, I am comparing their ability to self-regulate with that of a 53-year-old male. Stress has a way of putting children on edge and can bring out erratic behavior. Oftentimes, misbehavior is a reaction to anxiety or stress, and the better we understand this cause for misbehavior, the better we can respond to it. An article published by The Greater Good Science Center (at UC Berkeley) provides families with some great

strategies to help students in this regard. It provides support for our school's inclusion of mindfulness practices.

Click [HERE](#) to learn “5 Ways to Help Misbehaving Kids,” and while you’re on the GGSC website, don’t forget to sign-up for their weekly newsletters.

Helping our children learn to identify stressors and self-regulate will benefit them for many years to come.

**There’s no place like Rheem!**

Mr. Sullivan