### RHEEMARKS: September 12th

### Dear Rheem Team Families,

I hope you are getting a chance to enjoy the weekend, particularly the beautiful weather and fresh air. I know weekends can feel just as busy (if not more) than the workweek.

### This Week at Rheem:

#### Monday, September 13:

- Regularly scheduled Monday
- · Cultural Proficiency Committee meeting (3:30-5:00 in LP Room 4)
- · Lunchtime clubs begin this week

#### Tuesday, September 14:

- · Regularly scheduled Tuesday
- MSD Governing Board meeting (6:00-9:30 Zoom link)
- Lunchtime Dance Club hosted by Ms. Seli (during recess)

#### Wednesday, September 15:

- Wednesday Schedule
  - o 8:25 1:50 (All K-5th grade students)
- · Hispanic Heritage Month Begins
- · Coordinating Council Meeting (JM Library 3:30-5:00)
- Lunchtime Garden Club hosted by Ms. Inzeo (during recess)

#### Thursday, September 16:

· Regularly scheduled Thursday

#### Friday, September 17:

Regularly scheduled Friday

### Traffic and Safety Reminders

Most, if not all of us, heard of the tragedy that occurred last week in Lafayette, where a 43-year-old crossing guard lost his life, saving the lives of several students. To know that

one moment in time can alter the lives of so many individuals gives us all time to pause. So before we dive too far into this week's Rheemarks, I wanted to remind everyone of our traffic and safety procedures. In addition to these procedures, please remember to follow these basic rules/laws:

- Follow the speed limit and posted traffic signs.
- Do not pass cars on the other side of the road.
- Do not enter a crosswalk with your vehicle when people are crossing the street.
- Do not use your cell phone while driving.
- Be alert. If there is one thing we know as drivers is that the unexpected is bound to happen. And the more aware we are of our surroundings and environment, the more likely we'll be able to react accordingly.
- And last but not least, no matter how hurried or rushed you may be, please remember that being a little late is far greater than the consequences of being unsafe.

Getting over 450 students and staff to and from school safely takes a lot of teamwork...and we are just the Team to do it!!

# Primary Health Registration

Last week, I mentioned the importance of setting up an account with Primary Health, the COVID-19 testing company that runs the local testing sites. If you have not done so already, I strongly encourage you to set up an account for each of your students at this time so you will be prepared in the event you need to get a test in a timely manner. To set up an account(s) please click <u>HERE</u>.

<u>HERE</u> is more information on Primary Health testing sites, including locations and hours of operation.

## Hispanic Heritage Month Begins this Week

This Wednesday marks the beginning of Hispanic Heritage Month (9/15-10/16). As a native Californian, I'm not sure there is any culture more intertwined in our society than Hispanic Culture. From people, language, food, and more, so much of who we are is directly related to the people and native inhabitants who came before us. We will be

weaving books and activities throughout the month to build greater awareness and understanding of the rich cultural diversity that makes our country unique.

# Job Opportunity at Rheem

We are currently searching for a classroom teaching assistant at Rheem to help with general supervision and support students. Applicants will have the opportunity to work under the direct supervision of a classroom teacher and be expected to assist with the implementation of instructional plans while also supporting students' social and emotional development.

For more information, please reach out to me at bsullivan@moraga.k12.ca.us.

# Reminder: Annual Rheem Parent Social – Hosted by Rheem's PTA

Save the date: September 21 from 5:00-7:00 @ the Canyon Club

Please join us for a festive kick-off to the school year at the Canyon Club on Tuesday, September 21, from 5:00–7:00 pm. Tickets are \$25 per person and include two drink tickets, unlimited appetizers, and the opportunity to connect with other Rheem parents, staff, the PTA, and Mr. Sullivan. There will be games and raffle prizes too! Purchase tickets <u>HERE</u>.

### The Last Word...

For years Rheem Elementary has been utilizing a <u>"Growth Mindset"</u> approach in how it teaches our students. From teachers and staff to administration and families, a growth mindset allows for sustainable growth and increased malleable intelligence for our children. It teaches them that learning is a byproduct of dedication and effort compared to predetermined genetics. It also shows students how to deal with setbacks and challenges in a healthier way.

I know parenting is not for the faint of heart, and if you are anything like me, it can be a challenge to be our best around our own children all the time. I think the pressure of feeling like I'm responsible for my children's behaviors and actions can be overwhelming and sometimes embarrassing. To be better at this, I've tried to be more mindful of the words I use with my kids, and I encourage all of you to do the same. (Please click <u>HERE</u> to learn 30 new ways to "choose our words wisely.")

Remember, the words we use are as powerful as any action our children may see from us, and by improving them, we'll notice an amazing difference. And in regards to the work you do each day with your children, I feel quote #27 is appropriate "You are not afraid of a challenge! I like that!"

There's no place like Rheem!

Mr. Sullivan