

October 14, 2018

Dear Rheem Team Families,

**SPECTACULAR!!!** If I had to use one word to describe the energy and fun the Rheem Team experienced at Friday's Fall Carnival it would be SPECTACULAR. There were over 200 cakes filling the Frank that ultimately found happy homes with Cake Walk winners. And if cakes were not enough Roadrunners of all ages enjoyed carnival games, a giant rock-climbing wall, giant inflatables, good food, and music. Everyone was in good spirits as names of raffle prize winners were announced and game tickets were pulled for additional prizes. MANY thanks to Fall Carnival Chairperson, **A.J. Brown (Finley and Cooper's mom)** and her team of volunteers for putting on an amazing night filled with families and fun.

And if last Friday's fun wasn't enough, we have another busy week at Rheem with the Rheem Adult Social at MCC on 10/18 and the Kindergarten Butterfly Parade on 10/19. Keep reading for all that info and more.

## **This Week at Rheem:**

### Monday, October 15th:

- Mrs. Gubser's class on an overnight fieldtrip on the C.A. Thayer

### Tuesday, October 16th:

- Mrs. Cavallero's class on an overnight fieldtrip on the C.A. Thayer
- School Site Council Meeting 3:15-4:30

### Wednesday, October 17th:

- Regularly scheduled Wednesday

### Thursday, October 18th:

- Reflections Contest: "Heroes Among Us" art projects due in the Main Office
- Great California ShakeOut Drill (Earthquake preparedness)
- St. Mary's College Men's Basketball Team visiting/reading in classrooms
- Rheem Adult Social at MCC from 7:30-9:30

### Friday, October 19th:

- Kindergarten Butterfly Parade – 12:50-1:50 on the Kindergarten playground
- Mrs. Drury's class and half of Mrs. Culleton's class 4<sup>th</sup> grade Mission field trip.

### Monday, October 22nd:

- Mr. Greer's class on an overnight fieldtrip on the C.A. Thayer

## School News and Highlights

**5<sup>th</sup> grade overnight Field trips on the C.A. Thayer**– It is only a day(s)/week away for our 5<sup>th</sup> graders to experience life on the high seas aboard the C.A. Thayer. 5<sup>th</sup> graders have been training for this experience for several weeks now and their opportunity to shine has finally arrived. Thank you, Mrs. Gubser, Mr. Greer and Mrs. Cavallero, for treating our students to an experience they will not soon forget.

## Safety First – Great California ShakeOut Drill

On Thursday, Oct. 18, the students and staff at Rheem School will be among millions of Californians who will participate in the [Great California Shake Out](#).

The purpose of the “ShakeOut” is to practice how to protect ourselves during earthquakes, so that we can be prepared in the event of the real thing! Students and staff will practice "Drop, Cover and Hold On" before evacuating the classrooms to the fields. We will also practice our “student release” procedures at that time.

Now would be the perfect time to review earthquake preparedness at home. Please consider reviewing the [“Seven Steps to Earthquake Safety”](#) so that your family is well-prepared.

## PTA and Rheem’s Emergency Preparedness Supplies

Keeping in tune with the emergency drills we practice here at Rheem, the PTA wants to help our school be prepared for any of the unforeseen events in life. To that end, we ask that each child provide an "Emergency Bag" to keep at school by **Friday, October 26**. Please bring:

- Gallon Size Ziplock Bag (clearly labeled with child’s name, room/teacher).
- 2 Non-Perishable Snacks (2 granola/protein bars, small bag of jerky, dried fruit).
- A small item to comfort your child(photograph, handwritten note, cards, item no larger than your hand).

DO NOT include drinks (no juice or water). Please keep in mind these will be stored over the school year and every child in the class will be providing a bag, so storage space is limited. Thank you for helping us keep our school and students prepared! You can visit the [Rheem PTA Website](#) for more information. For questions please contact [casey.sproul@gmail.com](mailto:casey.sproul@gmail.com).

## Reflections Contest – “Heroes Among Us”

Is the theme for the National PTA Reflections program this year. Reflections encourages students of all ages and abilities to explore and be involved in the arts. This wonderful program urges students K through grade 12 to create and submit original works of art in the medium of their choice— dance choreography, film production, literature, music composition, photography and visual arts — reflecting on a specific theme. This year’s theme is **Heroes Among Us!** There is a special artist division option for students with disabilities to ensure that all students have the opportunity to participate in the program. Students are recognized each year for their artistic ingenuity to bring the theme to life in a way that is personal and meaningful.

Please look for information in your Student’s Friday folders and/or the Main Office.

Projects are accepted in the Main Office from **Monday, October 15 - Thursday, October 18.**

Please email Kim Pertel with any questions - [kimpertel@gmail.com](mailto:kimpertel@gmail.com)

### **Parent Ed Opportunity- *Preparing Your Child for a Successful School Year (and Life)***

The pressure to be successful, get good grades, be a good athlete, and develop talents starts early for children these days. With it comes the growing parenting pressure to raise children who can compete in the increasingly competitive world and distinguish themselves from others. With increased activities and obligations, and less time to think and relax, what should parents focus on to raise successful kids?

Join Dr. Dan Peters, co-founder and Executive Direct of the Summit Center this coming Wednesday, October 17<sup>th</sup> in Orinda Intermediate School’s Multi-use Room from 6:30-8:00. Participants will learn about what really matters for children to have a successful school year (and life) and what skills are important for a child’s long-term success.

### **The Last Word...**

Once again Rheem showed why it has such an amazing, and contagious, spirit. The Fall Carnival and Cake Walk allowed for everyone fortunate enough to attend experience family, friends, food and fun. I know it’s not always easy

to dedicate as much time as we'd like to family. If you have a moment please read "[6 Reasons Spending Time with Family is More Important Than You Think.](#)" The article highlights the profound benefits spending time with family has on everyone. From building self-esteem in our children, to relieving stress in our own busy lives. The impact setting time aside for our loved ones makes for happier and healthier lives.

And last but not least, thank you for all that you do to support your student(s), your family, and all of us here at Rheem. We, and our greater community, are definitely better for it.

**There's no place like Rheem!**

Mr. Sullivan