

RHEEMARKS

April 29, 2018

[CAASPP Testing](#) begins this week for 3rd–5th graders and continues through Friday, May 11. Individual schedules vary by class, but our students will take tests in the areas of English/Language Arts and Math during this two-week period. Remember, the best at-home preparations for these tests are a good night's sleep, a healthy breakfast, and a good attitude.

Keep reading to see what else is happening at Rheem this week.

This Week at Rheem:

Monday, April 30th:

- 1st grade field trip to the Oakland Zoo
- TK Presentation at CP from 2:00-2:30 in the multi-use room

Tuesday, May 1st:

- Regularly scheduled Tuesday

Wednesday, May 2nd:

- 2nd grade onsite field trip in the Frank – Marine Mammal Center
- Picnic Day

Thursday, May 3rd:

- 1st grade “Speak Up Be Safe” (SUBS) lessons in classrooms
 - Strohmeier (10:15-10:50)
 - O'Connell (11:00-11:35)
 - Bailey (1:00-1:35)
- Ms. Culleton's 4th grade class to the Oakland Museum

Friday, May 4th:

- Ms. Drury's 4th grade class to the Oakland Museum

School News and Highlights

- On Monday students learned how to better understand the power of positive thinking by taking part in Soul Shoppe's “Untie the Nots” workshop. Working through scenes and scenarios, students practiced how better to avoid sabotaging their own efforts. Be sure to ask them what they learned.
- Rheem's Science Fair was a huge success. Students and families gathered last Thursday in the Frank to share a night of Science. A Special thank you to

Science Fair Chair Doris Chen, Amy and David Yee, Barbora Chindarkarova, Esmerelda Sanchez, Anna Lim, Susan Padnick, Svetlan Kuzmichenko, and Flora Shin. Without their endless hours of preparation and support, Thursday night would not have happened.

Rheem Family Work Day a Success

Almost 40 Rheem Teamers (and one Del Rey Dolphin) showed up to make Rheem an even more magical place on Saturday, April 28. Many thanks to retired teacher Alice Noyes for taking the lead on this work day. Benches were painted, weeds were pulled, tanbark was laid and much more. Ms. Noyes was joined by 3rd grade teacher Ms. Ralph, 5th grade teacher Ms. Cavallero and her two children, Mr. Sullivan, and the following:

The Poh Family

The Waters Family

The Kornev Family

The Pastore Family

The Ortland Family

The Tritto Family

The Da Silva Family

The Olesko Family

The Charles Family

The Anagor-Folarin Family

The Bogachov Family

The Leeriggins Family

The Jai Family

Rotary Field Day Right Around the Corner

Calling all 3rd, 4th and 5th graders!! The 27th Annual Moraga Rotary Field Day will be held next week after school on Wednesday, May 9 at Joaquin Moraga Intermediate School. All 3rd, 4th, and 5th graders are encouraged to participate and represent Rheem School at this free, fun recreational event. Registration opens at 3:00 p.m.

Rheem students have earned a wonderful reputation of consistently demonstrating great teamwork and sportsmanship at this event. We are looking forward to that famous Rheem Team Spirit shining bright again this year. Students have been preparing for Rotary Field Day during PE classes. Medals will be awarded to the top three competitors in each event listed below:

- Shuttle Relay
- Standing Long Jump/Running Long Jump
- Softball Throw/Football Throw
- 50 Yard Dash
- Sack Race

Hope to see you there!

Go Rheem Team!

Rheem's "*Peter Pan*" Soars While Taking the Audience to Neverland and Back

BRAVO!!!! What a performance our students put on this past Friday and Saturday at the Del Valle Theater in Walnut Creek. I was blown away with the energy and enthusiasm displayed by the cast, crew and crowd. Kudos to the Performing Academy for preparing our students so well. A special thank you to all the families who were in attendance and made the performance a night/afternoon to remember.

Hello from Roadrunner Club

Just a couple of reminders. I know I've said it before but I want to make sure nobody is caught unaware. Roadrunner registration begins **June 1st** through **August 5th** for \$35.00, after **August 5th** the registration fee goes to \$50.00. Note: that after **August 12th** we will **not accept** "Permanent Reservations" to be effective on **August 20th** (the first day of school). If you miss the **August 12th** cutoff date, your Permanent Reservation will go into effect on **September 20th**. We will not be taking Drop-ins until **September 4th, 2018**. Unless Roadrunners receives your **Permanent Reservation by August 12th**, there will not be any openings at Roadrunner Club until **September 4th**. We have had such an overwhelming request for our program that we must honor the dates above. I know it seems early to be thinking about this but it is just around the corner.

What a great week!!! We talked about Earth Day, telling the children that we have been celebrating Earth Day since 1970. We have a responsibility to protect our Earth and our environment. We gave an example of the whale that washed ashore and had 64lbs of plastic in its stomach. YUK!!! Comparing that to a child that weighed 64 pounds was really shocking. We also need to protect the earth because we grow and eat our food etc. from the earth. We made Potato heads that were very creative and cool. We also had a food science project this week, explaining the 5 senses. We used blind folds to see if children could smell the difference between an apple and potato. Always something interesting happening at Roadrunner Club!!!

Thank you,

Eleanor

The Last Word

On a daily basis, families help their children in a variety of ways. From the essentials of food, shelter and clothing to providing opportunities for our children to grow as an all-around person. (i.e. arts, literature, athletics, and more) One of the things I find most challenging is how best to support my own children with stress and anxiety. The idea that children live a care free life with little to stress about is a misnomer and it's important for us to help support them in dealing with it. Dr. Amy Przeworski has [12 Tips to Reduce Your Child's Stress and Anxiety](#) that range from: helping your child face his/her fears; to practicing relaxation exercises with them; and helping them to problem

solve. I strongly recommend you take a few minutes and give it a read to see how you can help your child be even healthier.

Thanks for taking the time to read all the way to the end.

There's no place like Rheem,

Mr. Sullivan