

September 9, 2018

Good evening,

As we begin our 4th week of school, I hope everyone is beginning to settle in to the “routine” of school. Don’t forget our Early/Late schedule starts this week (see below).

Please take a read to see what’s going on at Rheem...and the community this week.

This Week at Rheem:

Monday, September 10th:

- K-2 Early/Late schedule begins
 - Early Friends: 8:25 – 1:55
 - Late Friends: 9:25 - 3:05
- All 3rdGrade students schedule 8:25 – 3:05

Tuesday, September 11th:

- Regularly scheduled Tuesday

Wednesday, September 12th:

- Early dismissal for K-5th grade is 1:50
- New parent volunteer training in the Frank from 9:30-10:30 AM
- MSD School Board meeting at 7:00 PM in the JM Library.

Thursday, September 13th:

- Regularly scheduled Thursday

Friday, September 14th:

- Regularly scheduled Friday

Did you Know?

Visitor Check-in: Between 8:25-3:05, all visitors to Rheem must first check-in at the front office before going to the classrooms or playgrounds. All visitors will be identified by staff and students by wearing an ID badge printed out in the office. Adults not wearing these passes will be asked by school personnel to check in at the office.

Animals on Campus: As a general rule, dogs and other animals are not permitted at school. Specifically, according to the state's education code, dogs are prohibited from school campuses, whether or not the dogs are leashed. Several signs posted on campus note that "Dogs are not allowed."

Therefore, if families are including a dog walk at the same time they are picking up or dropping off their child, we request that you meet or say goodbye to your child at the crosswalk on Laird, thereby not bringing the dog on campus. This precaution will help keep your pet from being overrun by well-meaning children and assure that our children are safe during the busy arrival and dismissal times. We have several students who are either afraid or allergic to certain types of pets, so this policy keeps our school environment safe and friendly.

If you notice a dog on campus, leashed or not, please inform the school office. It is our intention to keep our campus safe. Again, many thanks for your understanding of this school rule.

Attention New Parent Volunteers

This Wednesday, September 12th we will be hosting our New Parent Volunteer Presentation in the Frank from 9:30-10:30. It is especially designed for Kindergarten parents; however, parents of new students at any grade level, or parents who would simply like a refresher on how to make the volunteer experience as rewarding as possible, are encouraged to attend. Kindergarten teacher Cathy Kathan, parent Becky Maher, and Mr. Sullivan will be there to present information. Remember, if you are new to Rheem or did not complete the Volunteer Clearance Process in prior years, please make sure you do. Click [HERE](#) for instructions.

Parent Education Opportunities

Moraga Free Community Screening, *Angst*

Sponsored by the Moraga iKind Project, September 12, 2018, 7:00 PM, Campolindo Performing Arts Center, RSVP and more information: [iKind Eventbrite Page - Angst](#)

Angst: Breaking the Stigma Around Anxiety is a documentary that looks at anxiety, its causes and effects, and what we can do about it. *Angst* will feature interviews with kids and young adults who suffer or have suffered from anxiety, and what they've learned. The film also includes experts charged with helping people manage their anxiety and those who focus on researching its causes and sociological effects while offering tools and resources that provide hope. The project will explore a conversation about anxiety from a peer-to-peer standpoint that is intimate, honest and accessible. Families, educators, students, employees and members of any community will benefit from this film (appropriate for age 10 years+). Trailer -[HERE](#)

Moraga Town Council Candidates Night

Please join this year's Candidates Night to be held on Wednesday, October 3rd 7:00-8:30pm. This event will take place at the Holy Trinity Serbian Church, 1700 School Street, Moraga. Come meet the three Moraga Town Council Candidates - Mike McCluer, Dave Trotter and Steve Woehleke - and hear them speak on important issues. Bring your questions or submit your questions to MCN94556@gmail.com

Still in Need of Volunteers for Late Arrival Supervision

Starting this week (Monday, September 10th) our early/late groups will begin in the K-2nd grades. In the past our drop-off times have started at 9:10 AM and ended at 9:35 AM, and we hope to continue that again this year, but we will need the support of parent volunteers. The request for volunteers is to help supervise and keep students safe who arrive between 9:10-9:25. (All teachers and teaching assistants are providing instruction and support in the classroom between 8:25-9:25). We definitely want to provide the same opportunity to drop your student off at 9:10, so if you are available to help provide supervision for our students from 9:10-9:25 on either a Monday, Tuesday, Thursday or Friday, please reach out to myself or Mrs. Fitzinger.

The Last Word...

Stress has a way of putting students on edge and can bring out erratic behavior. Oftentimes, misbehavior is a reaction to anxiety or stress, and the better we understand this cause for misbehavior, the better we can respond to it. An article published by The Greater Good Science Center provides families with some great strategies to help students in this regard, and provides support for our school's inclusion of mindfulness practices.

Click [HERE](#) to learn “5 Ways to Help Misbehaving Kids,” and while you’re on the GGSC website, don’t forget to sign-up for their weekly newsletters.

There’s no place like Rheem!

Mr. Sullivan