

September 16, 2018

Dear Rheem Team Families,

Constitution Day is tomorrow, September 17th, celebrating and commemorating the birth of our nation's government. For over 230 years our government has put its power in the hands of the people. From military service to free elections our nation thrives through the will of the people.

To find out how Rheem is thriving by putting the power in the hands of the people please keep reading...

This Week at Rheem:

Monday, September 17th:

- Regularly scheduled Monday
- Constitution Day – [We The People](#)

Tuesday, September 18th:

- Regularly scheduled Tuesday

Wednesday, September 19th:

- Regularly scheduled Wednesday

Thursday, September 20th:

- Regularly scheduled Thursday
- Coordinating Council meeting from 3:30-5:00 in JM Library

Friday, September 21st:

- Regularly scheduled Friday

School News and Highlights

Wastebuster's Jessica Robinson (a.k.a. Resilience the Recycling Superhero) was on campus, and in costume, this past Wednesday sharing her message at Rheem. She visited each kindergarten classroom and gave a lesson on why, and how, we recycle and compost. She then visited the lunchroom and spoke to the 1st thru 5th graders on the importance of increasing our diversion rate (the amount of trash we divert from landfill), which happens when we dispose of things in our lunch that are compostable (used paper napkins or paper towels, brown bags, leftover food scraps, etc.) and recyclable (plastic/glass bottles, milk cartons, containers, etc.). Last year

Rheem received a \$1,000 check from Wastebusters for exceeding our diversion rate goal and leading the district in the amount we recycled and composted. Thank you Resilience, and here's to another successful year of doing our part to help the environment by increasing our diversion rate.

Counselor's Corner: MSD's school counselor, Bess Inzeo, is on campus two days a week and has had an opportunity to meet every child by way of her classroom visits. Please click [HERE](#) to learn more about how Ms. Inzeo is supporting the social and emotional needs of Rheem's students.

Volunteer Needed for District Wellness Committee

Rheem is in search of one, or two, volunteers who are willing to participate on the district's Wellness Committee. The Wellness Committee's goal is to further develop district goals on how best to support the well-being of every child. Please contact me if you are interested and I would be happy to discuss committee member responsibilities.

Did you Know?

Head Lice are no strangers to school campuses and, recently, Rheem has been visited by these pesky creatures. Although lice do not carry disease, they are tenacious, bothersome, and easily spread from one person to another. Help your children to avoid coming in contact with lice by encouraging them not to share combs, hats, hair ribbons or other personal items. Please be aware that every precaution is taken at school as well.

If lice or eggs (called "nits") are found on a student, parents are notified and the family will receive information regarding treatment. Siblings are also checked, and if two or more students from one class have lice, all students in the class are checked for infestation. Following detection of lice or nits, a notice is sent home to all students in the class alerting parents to the possibility of infestation (Ed. Code 48213) After being treated for head lice, students will be checked at re-admission to school, and again after 10 days.

While there are many opinions about alternative methods of treating and preventing lice, we strongly advocate speaking to your child's medical specialist or a pharmacist. To further combat the spread of lice, all parents are encouraged to periodically check their children for head lice. Click [HERE](#) for information from the Center for Disease Control and Prevention.

Rheem Spirit Wear

Students brought home a flyer this week showcasing the new 2018 Spirit wear. This year, all Rheem Spirit wear can be ordered through our online web store: rheemelementary2018.itemorder.com/sale

Please be sure to place **ALL ORDERS** before September 30th. We look forward to seeing everyone in their new swag!

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Safety First

Rheem held the first of many Emergency Drills recently. All students practiced a "Shelter in Place Drill." After teachers and staff secured classrooms and buildings, they took roll to account for all students. Mr. Dave (custodian) and I went around to check and see that all buildings were secure. After the drill, teachers held brief class discussions about common-sense responses to when a substitute is in charge and/or when a student may be separated from his/her class during a drill. Both regular practice and thoughtful follow-up discussions are important components of our safety plan.

A Few More Volunteers Needed for Late Arrival Supervision

With our early/late groups back in swing we are still in search of a few more volunteers to help supervise and keep students safe who arrive between 9:10-9:25. If you are available to help provide supervision for our students from 9:10-9:25 on either a Monday, Tuesday, Thursday or Friday, please, please, please reach out to myself or Mrs. Fitzinger.

The Last Word...

For many years Rheem Elementary has been utilizing a "[Growth Mindset](#)" approach in the way it teaches our students. From teachers and staff to administration and families, growth mindset allows for sustainable growth and an increase in malleable intelligence for our children. It teaches them that

learning is a byproduct of dedication and effort compared to predetermined genetics. It also shows students how to deal with setbacks and challenges in a healthier way.

The words we use with children are as powerful as any action they may see from us. To promote growth mindset, please click [HERE](#) to learn 30 new ways to “choose our words wisely” when speaking to others. And to quote #11 “I admire the way you model lifelong learning for your children.”

There’s no place like Rheem!

Mr. Sullivan