

September 2, 2019

Dear Rheem Team Families,

If you are anything like me, you are beginning to settle in to the “routine” of school. Don’t forget our Early/Late schedule starts this week (see below).

I hope you are enjoying the long holiday weekend, and please take a moment to catch up on what’s happening at Rheem this week.

## **This Week at Rheem:**

### Monday, September 2nd:

- NO SCHOOL - LABOR DAY

### Tuesday, September 3rd:

- Early/Late begins
  - Early Friends K-2nd 8:25-1:55
  - Late Friends K-2nd 9:35-3:05
  - 3rd-5th 8:25-3:05
- 4th grade Music info night at Camino Pablo E.S. from 6:00-7:00

### Wednesday, September 4th:

- Early dismissal for K-5<sup>th</sup> grade at 1:50
- Screening of "**LIKE**" at the Campolindo Performing Arts Center (7:00-8:30)

### Thursday, September 5th:

- Picture Day
- Regularly scheduled Thursday
  - Early Friends K-2nd: 8:25-1:55
  - Late Friends K-2nd: 9:35-3:05
  - 3rd-5th 8:25-3:05

### Friday, September 6th:

- Regularly scheduled Friday
  - Early Friends K-2nd: 8:25-1:55
  - Late Friends K-2nd: 9:35-3:05
  - 3rd-5th 8:25-3:05

## **Picture Day: Thursday, September 5th:**

This Thursday, iClickStudios will be taking photos of all our Rheem students. iClickStudios does not send home envelopes for pre-ordering and pre-payment – all students are photographed and then you are able to order after seeing the pictures first. You will be able to view and order photos online 10-14 days after photo day. Please visit their website (<https://iclickstudios.com>) for more information.

## **Did you Know?**

**Visitor Check-in:** Between 8:25-3:05, all visitors to Rheem must first check-in at the front office before going to the classrooms or playgrounds. All visitors will be identified by staff and students by wearing an ID badge printed out in the office. Adults not wearing these passes will be asked by school personnel to check in at the office or leave campus.

**Animals on Campus:** As a general rule, dogs and other animals are not permitted at school. Specifically, according to the state's education code, dogs are prohibited from school campuses, whether or not the dogs are leashed. Several signs posted on campus note that "Dogs are not allowed."

Therefore, if families are including a dog walk at the same time they are picking up or dropping off their children, we request that you meet or say goodbye to your child at the crosswalk on Laird, thereby not bringing the dog on campus. This precaution will help keep your pet from being overrun by well-meaning children and assure that our children are safe during the busy arrival and dismissal times. We have several students who are either afraid or allergic to certain types of pets, so this policy keeps our school environment safe and friendly.

If you notice a dog on campus, leashed or not, please inform the school office. It is our intention to keep our campus safe. Again, many thanks for your understanding of this school rule.

## **Need of Volunteers for Late Arrival Supervision**

Starting this week (Tuesday, September 3rd) our early/late groups will begin in the K-2nd grades. In the past our drop-off times have started at 9:10 AM and ended at 9:35 AM, and we hope to continue that again this year, but we will need the support of parent volunteers. The request for volunteers is to help supervise and keep students safe who arrive between 9:10-9:25. (All teachers and teaching assistants are providing instruction and support in the classroom between 8:25-9:25). We definitely want to provide the same opportunity to drop your student off at 9:10, so if you are available to help provide supervision for our students from 9:10-9:25 on either a Monday, Tuesday, Thursday or Friday, please reach out to myself or Mrs. Fitzinger ([lfitzinger@moraga.k12.ca.us](mailto:lfitzinger@moraga.k12.ca.us)).

## **4th Grade Families Invited to Music Info Night at Camino Pablo**

The music teachers, Mrs. Arvindan and Mr. Todd, will be hosting an information night on Tuesday, September 3rd from 6:00 to 7:00 p.m. to the MUR at Camino Pablo Elementary School (1111 Camino Pablo, Moraga). They will be discussing our music program, and what instruments your child can choose from in band and strings. Your children are welcome to attend too! Hope you can make it!

## **JCrew of Walnut Creek Partnering with Rheem E.S.**

*Don't Miss the bus on back to school outfits*

This coming Saturday, September 7th from 12:00 PM – 5:00 PM JCrew of Walnut Creek will be partnering with Rheem on their back to school sale. Rheem will receive 10% of all sales between 12:00-5:00, and you will receive 20% off your purchases of 3 or more crewcuts items. So, in the event you have not purchased everything on your back to school list, please be sure to stop by and pick up a few items while supporting Rheem.

*JCrew of Walnut Creek is located at 1292 Broadway Plaza.*

## **Free Community Screening of “LIKE”**

*LIKE* is an IndieFlix Original documentary that explores the impact of social media on our lives. Technology is a tool. It's here to stay and social platforms are a place to connect, share and care, but what's really happening? Are we addicted? How do we stop? Where do we start? What do we need to know? By understanding the effects of technology and social media on the brain, on our lives and on our civilization, we can learn how to navigate it more safely together. Our goal for this film is to inspire people of all ages, especially kids, to self-regulate. It's not about blame. It's about looking in the mirror and empowering ourselves to create balance in our lives and to learn to be there for each other.

**Trailer:** Please click [HERE](#) to see the trailer

**When:** Wednesday, September 4, 2019 from 7:00 PM to 8:30 PM (PDT)

**Where:** Campolindo Performing Arts Center - 300 Moraga Road, Moraga, CA 94556

**RSVPat:** <https://www.eventbrite.com/e/community-screening-like-tickets-64489008360>

## **Local Podcast - *Lamorinda Living***

I was able to participate in a local podcast recently hosted by Rheem parent Jennifer LaForce. Jennifer and I spoke about what makes Rheem so special and my philosophy around school culture. If you have a moment (and are not already sick of my voice : ) please click [HERE](#) to listen.

## **The Last Word...**

Stress has a way of putting students on edge and can bring out erratic behavior. Oftentimes, misbehavior is a reaction to anxiety or stress, and the better we understand this cause for misbehavior, the better we can respond to it. An article published by The Greater Good Science Center (at UC Berkeley) provides families with some great

strategies to help students in this regard, and provides support for our school's inclusion of mindfulness practices.

Click [HERE](#) to learn "5 Ways to Help Misbehaving Kids," and while you're on the GGSC website, don't forget to sign-up for their weekly newsletters.

**There's no place like Rheem!**

Mr. Sullivan